

COTOPAXI

The Cotopaxi Bike tour in the Cotopaxi National Park in Ecuador offers you an exciting day that begins with spectacular views of the unique South American Andean landscape in the “Avenue of the Volcanoes”. Inside the national park we hike up to the refuge which is situated at 4,810m (15,780ft) on the Cotopaxi snowline. Depending on weather conditions, we will then hike up to 5,000m where it is possible to see the glacier. Lunch is served with spectacular views of the valley below and the surrounding volcanoes, followed by a safety briefing to commence our descent on mountain bikes! There are two sections for mountain biking, of which we recommend the first to experienced riders. The journey finishes at the beautiful lagoon at the base of Cotopaxi.

Tour Schedule

(Note: All times are approximate, EXCEPT starting time).

Schedule	Itinerary
06:45	Leave from “ Q Restaurant ” (Plaza Foch, Quito) for transfer to HosteriaPapaGayo.
08:00	Arrive at PapaGayo to pick up other clients, leave towards Cotopaxi.
09:00	Enter Cotopaxi National Park.
09:30	Explanations of the area, volcanoes, animals, etc.
10:45	Arrive at the parking lot at 4,500m (14,763ft), and begin hike up to “Jose Rivas” refuge.
11:30	Reach refuge at 4,810m (15,780 ft). Rest, enjoytheview ...
12:00	Hike to the glaciers (decision of the guide depending on the weather) 5,000m (16,404 ft) and return to the parking lot. Drive to departurepoint.
14:00	Equipment and bikes check and short briefing – begin decent on mountain bike.
14:35	Arrive at Laguna Limpiopungo via bike. After short rest depart Cotopaxi National Park.
15:30	Arrive at PapaGayo for lunch.
16:00	Chocolate cake and hot coffee/tea at PapaGayo. (You have the option to spend the night in HosteriaPapaGayo, for more information please asks us.)
18:00	Return to “ Q Restaurant ” (Plaza Foch, Quito).

Price by person USD 45

Price includes: transportation, guide, lunchbox and bicycle

Price Excludes: tips for guide

Important: For the use of bicycles, you will be kindly asked to sign a document that you accept responsibility of the good use of the bicycle and you will be asked to let an identity document that will be given back after the tour. Thanksforyourcomprehension.

NecessaryEquipment:

- Warm clothing (including a change of clothes)	- Gloves, Scarf, Hat	- Sunglasses
- Water	- Hikingshoes/boots	- Camera
- Snacks	- Long socks	- Suncream
- Cotton pants	- Waterproofjacket	

This tour goes to a height of 4,810m (15,780 ft), it is important that you are prepared for this kind of altitude. We recommend acclimatizing at least two days around 3,000m (9,842 ft). Cotopaxi has its own micro-climate and the weather in the area is very unpredictable, so please be prepared with warm clothes. The tour will leave in any weather.

It is important that you have current travel insurance including personal medical insurance. Please inform us of any known medical conditions or dietary requirements you have.

We put a lot of effort in organizing the tour; therefore cancellations require 24hrs notice by which we would give you a 50% refund, Cancellations will not be refunded with a shorter time notice.